

Collaboration Assessment Tool

Effective collaboration (in and between teams) comes from a high level of **confidence** — every individual feels confident about their place and purpose — and **connectedness** — every individual understands how to **connect** with others, both in-person and online.

This Tool will help you understand how you really feel about collaboration and identify areas for improvement.

STEP 1:

Answer 6 simple questions around **CONFIDENCE** and **CONNECTEDNESS**. Before you start, think about the context in which you'll be answering the questions. For example, think of a team or workgroup that you are part of or a particular situation that requires you to collaborate.

Write down the context or situation:

STEP 2:

For each of the 6 questions, give yourself a score between 0 and 10, where 0 is "not at all" and 10 is "totally". Enter each score into the relevant box. Once you have answered all 6 questions, enter your total scores for **CONFIDENCE** and **CONNECTEDNESS** into the centre boxes.

STEP 3:

Now, add your total scores for **CONFIDENCE** and **CONNECTEDNESS** scores together. Write them in the box.

What's your overall score?

Best practice scores are higher than 50.
Median scores are between 40 and 50.

CONFIDENCE

<p>AUTONOMY</p> <p>To what extent do you feel you have control over what you are doing?</p> <input style="width: 40px; height: 30px; margin: 10px auto;" type="text"/>	<p>BELONGING</p> <p>To what extent do you feel that you are part of something and that others want you to be included?</p> <input style="width: 40px; height: 30px; margin: 10px auto;" type="text"/>
<p>COMPETENCE</p> <p>To what extent do you feel competent in what you are doing?</p> <input style="width: 40px; height: 30px; margin: 10px auto;" type="text"/>	<p>TRUST</p> <p>To what extent do you feel that you are trusted and that you trust others?</p> <input style="width: 40px; height: 30px; margin: 10px auto;" type="text"/>
<p>SENSE OF PROGRESS</p> <p>To what extent do you feel that you are heading in the right direction?</p> <input style="width: 40px; height: 30px; margin: 10px auto;" type="text"/>	<p>ENGAGEMENT</p> <p>To what extent do you feel that you are engaged and that others engage with you?</p> <input style="width: 40px; height: 30px; margin: 10px auto;" type="text"/>
<p>CONFIDENCE + CONNECTEDNESS</p> <input style="width: 100px; height: 40px; margin: 10px auto;" type="text"/>	

CONNECTEDNESS

STEP 4: Insights and Actions: Review your 6 individual scores, then reflect on your strengths and where you need to improve*.